

26 % of females
have admitted to
being victims in
physical fights.

(Bureau of Justice)



Hope Witsell, 13.

"Girls are more likely
to bully through
indirect methods by
excluding others and
worst during middle
school years."



Natasha MacBryde was found dead on a railway 150 yards from her home after suffering 'awful and unacceptable' on-line bullying

30,439 Girls called
Childline in 2010-
2011 primarily for
bullying problems.



Committed suicide as a result of bullying.

According to the Health Behavior in School survey,

**19% of Grade 10 girls
were the victims of
bullying over the internet.**



Phoebe Prince, bullied by girls and boys, committed suicide.

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The Impact of Female Bullying

Heidi T. Riccio, CAGS

School Safety Advocacy Council

October 26, 2012

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Bullying definition

The repeated use by one or more students of a written, verbal, or electronic expression or a physical act or gesture directed at a victim:

Causes physical or emotional harm to the victim or damage to the victim's property.

places the victim in reasonable fear or harm to himself or of damage to his/her property.

creates a hostile environment at school for the victim.

Bullying...

Occurs repeatedly.

Is intended to harm the victim.

Involves power imbalance.

*Should not be confused with conflicts
that can be resolved quickly.*

Bullying...

Infringes on the rights of the victim at school.

Materially and substantially disrupts the education process or the orderly operation of a school.

"Types of Bullying"

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Types of Bullying

Physical

Hitting

Tripping

Kicking

Punching

Scratching

Damaging other's property

Pushing

Physical bullying is usually the most obvious type.

Types of Bullying, cont'd

Verbal

Name-calling

Teasing

Cruel jokes

Offensive statements

Insults

What would you do?

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Types of Bullying, (cont'd)

Psychological/Social

Spreading rumors

Making up stories

Exclusion

Gestures

Staring/Intimidation

Ganging up on someone

Social bullying is sometimes the hardest to measure, yet may be the most common.

Types of Bullying, (cont'd)

Cyber Bullying

Spreading rumors

Posting pictures

Excluding others

Impersonating another person

Tease or harass

Cyber bullying can take place on email, social networking sites, instant messaging services, chat rooms, cell phone, web pages, blog posts, and more.



twitter



tumblr.



Instagram
Fast beautiful photo sharing

Cyber Bullying Prevention

Set clear school guidelines for technology use and update policies accordingly.

Educate youth about ethical standards for online activities.

Increase awareness of Internet safety strategies among youth and their families.

Institute supervision and monitoring practices that keep relevant staff informed about how technology is being used at your site.

Cyberbullying Prevention

Establish safe and confidential reporting mechanisms.

Designated a cyberbullying “expert” at your institution who is responsible for keeping up with laws, policies, best practice and current trends.

Model appropriate technology use.

Be vigilant and look for warning signs that a young person might be a target or perpetrator of cyberbullying.

Cyberbullying Intervention

Save the email or other evidence.

Investigate, respond, and determine appropriate consequences.

Involve law enforcement if it is harmful including threats.

Consult with legal counsel.

Follow up with both families.

Provide support to both families and students.

Cyberbullying Intervention

Block harassers from continuing to victimize target.
Help target file complaints with internet and cell phone service providers.
Reach out to other schools and organizations to share information.
Discuss strategies for responding to cyberbullying and ways to be an ally with all youth.

Taken from *The Anti-Defamation League*.

Gateway Behaviors

Gateway Behaviors

Not considered bullying but should be watched:

Snickering

Rolling of Eyes

Pointing

Name Calling

Mocking

Blatant rudeness

Teachers need to respond. If adults do nothing, they are part of the problem and children will see it as acceptable behaviors.

Building Relationships

"Students need a strong sense of comfort and safety from both physical and emotional abuse and criticism in their classrooms. Students do well when they believe that they can depend on the teacher and their classmates. This comfort is achieved by rules and regulations in the classroom that are sensible and consistently enforced. Teachers build a trusting relationship by helping and encouraging students and by stopping inappropriate behavior, such as racial and gender harassment."

(Campbell, 2010)

lunch

-noun

1. a midday meal.





01/12/2005

30% of girls who were involved in bullying outside of school on a weekly basis reported to carrying a weapon in the past month.

Jade Stringer, 14



Exclusion by peers leads children to participate less in class, which in turn leads to lower academic achievement.

Megan, 13



5.7 million children
are either bullied or
are the bully each
year.

The next video will be powerful. It takes you inside the mind of a student who committed suicide. Please watch carefully as the video was produced just one month before her untimely death on Youtube. THINK of her every time you see a student sitting alone. This is the story of
Amanda Todd.

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Case Study

Work with a partner at your table.

Using the information presented in the video:

1. Did Amanda Todd show signs prior to posting this video of depression?
2. How many types of bullying was Amanda Todd exposed to?
3. What, if anything, could adults have done to support Amanda Todd?
4. What can we learn from Amanda Todd's story?
5. As an educator, how would you have helped Amanda Todd?

Bullycide

"committing suicide as a consequence of previous experience of bullying."

Bullycide Symptoms

Has change in eating habits

Makes excuses not to go to school

Has fewer friends

Feels helpless

Talks about suicide

Bullycide Symptoms

Acts out of character

Avoids certain places or playing outside alone

Feels like they are not good enough

Has trouble sleeping

Blames themselves for their problems

Bullycide

Every 30 minutes a teenager attempts suicide due to bullying.

It is the leading cause of death for children under the age of 14.

42% kids have been bullied while online.

26% females have admitted to being victims of physical fights.

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The Impact of Bullycide

2 Minute Check-in

Think about the outcome of the Phoebe Prince case.

1. What impact did this case have on bullying across the country?
2. Was the verdict in the case justified?
3. What role does the school district play in Phoebe's death?

To reduce bullying, a school-wide approach, including intervention in the classroom is necessary.

What the
Educator
can do...

Prevention and Intervention

Educator Responsibility

Report behaviors immediately.

Involve local law enforcement.

Clear expectations of behavior for students.

Develop and implement school-wide norms.

Create a safe environment for ***all*** students.

Establish a culture of respect for a diverse population.

Educator Responsibility (cont'd)

Review policies and procedures for safe electronic activities.

Reinforce respectful communication and build relationships.

Use appropriate feedback when there is questionable behaviors observed.

Become familiar with district plan.

Become involved with PTA's and school councils who can assist with development.

Educator Responsibility (cont'd)

Model the Behavior!

Children learn from adult behaviors.

Respect your colleagues and their differences.

Be a professional!

What can
Administrators
Do?

Administrator Responsibility

Know your state law regarding school district's role in the prevention and reporting of bullying incidences.

Know and understand your district policy on bullying and the reporting of incidences.

Understand the difference between bullying and harassment. (neither are okay!)

Know the process and procedure for contacting law enforcement.

Properly document, report, and follow-up on incidences.

Keep excellent records.

Administrator Responsibility (cont'd)

Create a positive school culture that eliminates bullying incidences.

Build relationships with staff to empower them to respond to bullying in a timely manner.

Assist in staff development so all are aware of how to report and respond to situations.

Be visible and observe signs of potential bullying.

Communicate effectively to the communicate the schools' expectations of behavior.

Administrator Responsibility, cont'd.

Model the Behavior!

Children learn from adult behaviors.

Respect your colleagues and their differences.

Be a professional!

Kayla

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Respond & Report

Responding & Reporting

Some circumstances may deem that there was no bullying episode. In that case, disciplinary action may be taken by the district/administrator to prevent recurrence. Retaliation of any form by the alleged bully or others is forbidden.

Ensure that there is a team put together for both the victim and the bully to prevent such behaviors from repeating.

Responding & Reporting

Detailed written documentation.

It is the responsibility of the school administration to intervene if bullying begins outside of school but transfers in to the school environment by creating an unsafe situation for the victim and others.

Full investigation of all parties in a timely manner.

Parents/Guardians of both the victim and the bully to be contacted by administration to discuss situation and meet in person, separately.

Law enforcement to be contacted to deem seriousness and if charges are warranted.

Where do students bully?

Public Areas

Bathrooms

Hallways

Cafeteria

Locker Rooms

Gymnasiums

Auditoriums

Playground

Buses



Often in plain sight of teachers, custodians, cafeteria workers, bus drivers, administrators, counselors.

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Identifying the Bully

There is not one set of criteria.

Difficult to determine.

Education and observance by all is key.

|Common Factors that contribute|

Physical violence in the home

Lack of parental engagement

Do not have the resources to use positive methods to solve problems

Living in low socio-economic communities

Gangs

Drug use

Poor academic achievement

Not equipped with coping mechanisms

Low self esteem

Who is a Bully?

Often pretty and popular
Well liked by adults
Bullies in a group so
others join in
Primarily done through
teasing about weight,
athletic ability, looks,
academic achievement
or lack thereof



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Case Study

Something to Think About

You receive a call from a parent regarding her daughter getting bullied during lunch. You empathize and write down the details. You vow to get to the bottom of this. After looking up the student's name, you see that this happened during your lunch duty...

Case Study

Finish the Story

Think about the scenario. (2 minutes)

Write down the steps of how you would investigate this incident using your district's policy.

Did you have any role in the alleged bullying?

How can we help?



Strategies to use to reduce

- Education is the most important strategy to curb bullying
- Instituting a zero tolerance policy
- Following school rules everywhere and by everyone
- Modeling positive behaviors
- Enrichment programs
- Supervision in public areas
- Administrative and staff visibility

Ways to spot a bully

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"Treat people as
if they were what
they ought to be
and you help
them become

